

TAKE ME FOR A RIDE



HEAPHY TRACKER

THIS MONTH'S HOT TOPIC

Is the Heaphy track suitable for dual use? Y N

Please record your thoughts & comments here and submit anywhere you see the bike friendly logo.

SUGGESTION BOX

KARAMEA BIKE FRIENDLY SERVICES

WITH THIS NEWSLETTER

- Massage
- Accommodation
- Drinks
- Food
- Transport

SEE OVERLEAF

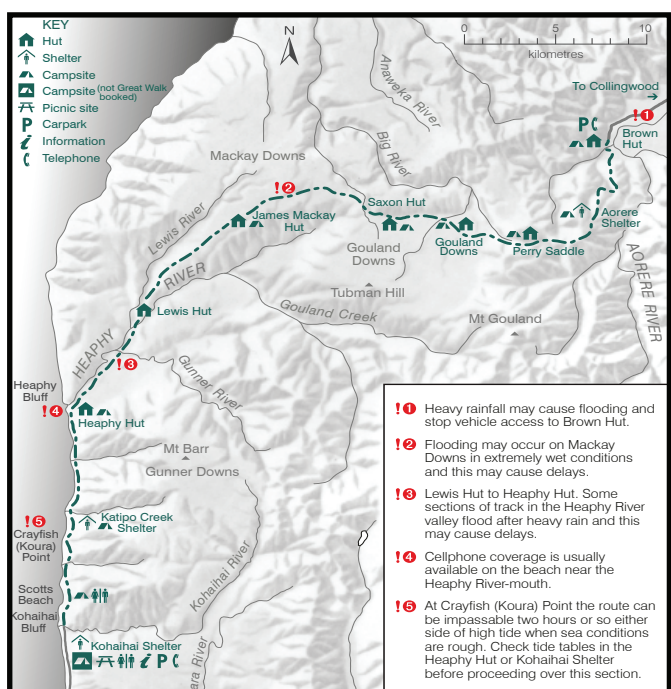
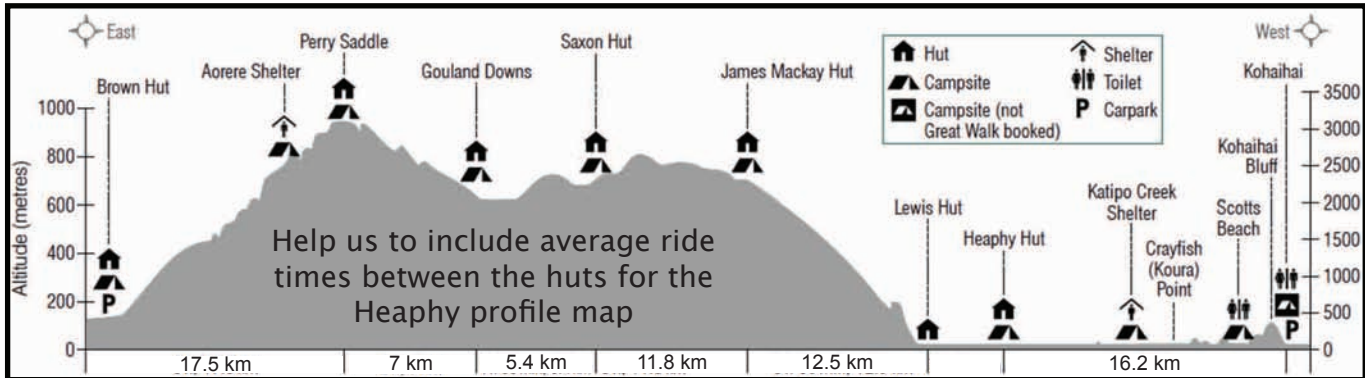
heaphytracker@live.com ISSUE No.1 MAY 2011

Welcome to the Heaphy Tracker, mouthpiece of the Heaphy Mountain bike trial. Big news this month is of course the launch of our smashing newsletter here, followed closely by the return of bikers to the Heaphy scene. The ultimate mountain bike trial has commenced and 15 months of riding, over the next three years, will decide the future of the track.

So, pedalling pioneers, what's it like to cycle the Kahurangi Ranges after the forsaken years? Is it really the Milford Track of bikeland? Did trampers and bikers arrive hand in hand over the bluffs or was there carnage out there? We want your point of view to help bring the heaphy track out of the wilderness while this trial gets underway.

Remember folks, this is only a trial, which will end with major discussion, debate and decision, so best to bring the track's profile into the open from Day 1.

The Heaphy Tracker will publish monthly and will broadcast your pictures, advice and experiences to anyone with a Heaphy interest. Fill out the suggestion box up top and drop into any of the featured businesses or email us: heaphytracker@live.com, to be included in next month's edition of the Heaphy Tracker. Our website is under construction and an online forum and e-newsletters will follow. Until next month enjoy the ride, get in touch and spread the word. The Heaphy Tracker is here!



- BROWN HUT TO PERRY SADDLE HUT** 17.5 km
Gentle but persistent climb,
- PERRY SADDLE TO SAXON HUT** 12.4 km,
A rough 'n' tumble downhill
- SAXON TO MACKAY HUT** 11.8 km,
Climbing Boardwalks and groomed singletrack
- MACKAY TO LEWIS HUT** 12.5 km,
Technical, soft in places, descent to the Lewis Hut.
- LEWIS TO HEAPHY HUT** 8 km,
Swing bridge time. Use approved crossing method.
- HEAPHY HUT TO KOHAIHAI** 16.2 km,
Mostly flat, coastal track. Allow high tides to wane.

**REMEMBER THIS IS JUST A TRIAL -
YOU ABUSE, YOU LOSE!**

HEAPHY TRACKER IS SUPPORTED BY

globalgypsy.com

Fine Art Photography from world traveller Gerar Toye
Organic Wholefoods, woodwork and handmade arts
Free Local Notecard \$4 value

 **Karamea River Motels** Bike Lockup Available

Offering studio, one and two bedroom villas
Free Continental Breakfast

stay@karameamotels.co.nz

Kuaka Cottage

A Bed & Breakfast for the unconventional traveller

10% off daily rate at Kuaka Cottage for Heaphy mountain bikers!!

mark.hanne@xtra.co.nz

 **Karamea Information & Resource Centre**

Open daily 9am - 5pm

For visitor information, fuel supplies, farm products, and resource work.

Supporting our community

 **Naturally Inclined**

15% off massage for Heaphy bikers

naturally.inclined@yahoo.co.nz

Affordable transport with Karamea Connections to all Karamea scenic attractions available by arrangement...

 **KARAMEA CONNECTIONS**

Daily 2:00 p.m. pick up at Kohaihai Shelter at the end of the Heaphy Track and delivery to Karamea (\$15 per person, Bikes \$10 per bike)
Call Brian on 7826667 from the shelter (min. fare \$40)

rongobackpackers.com

Rongo

Every 4th Night FREE!!

Backpackers & Gallery **KARAMEA, NZ**

Hot showers, cold beer, great food and a comfortable double, single or bunk beds await you after conquering the Heaphy Track. Full kitchen facilities, fire bath, radio station, art gallery, BBQ, organic vegetable garden and much more

cods@actrix.co.nz

cods@actrix.co.nz

Fully self-contained units with kitchen facilities, all linen supplied, hot showers, BBQ, fresh eggs and organic vegetables (seasonally available) peaceful, stylish, unique & reasonably priced

Every 4th Night FREE!

 **KARAMEA FARM BACKS**

karameamotels.com

 **Karamea Lodge**

Seaside Accommodation
Bottle of wine per room for Heaphy Bikers

karamealodge.co.nz Your Hosts: Jenny and Mark Roumieu

 **TRUE BLUE Organics** **FREE SAMPLE**

CONGRATULATIONS BIKERS! LOCAL TEA TREE OIL FOR HEAPHY TRACKERS

Get Your Complete First Aid & Sandfly Kit in 1 bottle
See our other Tea Tree products
www.teatree.co.nz

Available from Karamea Info Centre with proof of hut stay





CROOKED TREE

New & Recycled Clothing Shop
Quality Op Shop collection
Best in the South Island!

Beachfront Farmstay B&B

Complimentary bottle of Bubbly and ciabatta bread with smoked fish pate. **Secure bike storage.**



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